

Important Pre-Op Reminders Before Surgery

- Please dress warmly as our operating rooms are cold & bring a book or tablet to help pass the time.
- We ask that you bring a driver with you on the day of surgery. This is a safety precaution if the lesion is on your face, especially near your eyes, nose, temple or forehead. Swelling, bruising and local anesthesia, along with the pressure bandage we place at the end of the surgery, may impede your vision and your ability to safely operate your vehicle after being discharged. Also, your blood pressure may be elevated or you may become anxious. We can provide you with a mild anxiolytic medication that may help, but you **must have a driver** before this can be prescribed
- Please print out and bring your completed Medical History Form with you as this will expedite the check-in process.
- Please leave all jewelry and valuables at home
- If you are currently using topical chemotherapeutic creams on or near the area to be removed (examples include Efudex/5-Fluorouracil, Carac, Aldara/Imiquimod), please stop **immediately**.
- Let us know if you plan on traveling immediately following your procedure. It is recommended to stay close to home for the first few days, as most complications occur in the first 72 hours.
- If you have any upcoming big events (examples such as weddings, family pictures, class reunions), please understand that scars, swelling and possible bruising can last for several weeks following your procedure. Please let us know ahead of time so we can schedule accordingly.
- Female patients, please refrain from wearing **any** make-up on or around your surgical site. If on the face, it would be encouraged to avoid application that day altogether.
- If you smoke, we asked that you try to cut back as much as possible **1 week before and after surgery**, as this can negatively impact wound healing and ultimately your final scar result.
- If you drink alcohol, we ask that you decrease or stop **3 days prior** to your procedure

Important Surgical Reminders Continued

- Please take all your normal medications the day of surgery, unless instructed otherwise.
- If you are diabetic or have other medical conditions requiring equipment, please bring them with you on the day of surgery.
- If you are on supplemental oxygen, please bring enough with you on the day of surgery to last 8 hours.
- Eat before you come because you may be awhile.
- To prepare for surgery on or below the neck, we ask that you purchase Hibiclens from your local drug store over-the-counter and wash your body the night before and morning of surgery to help keep your infection risk down. **Do not** use this on your head, including your scalp, as this can be harmful to your eyes and ears.
- As a reminder, please stop all OTC supplements that are known to increase bleeding risk 1 week prior to your procedure. These include, but are not limited to, Fish Oil, oral Vitamin E, Feverfew, Ginko, Ginseng and Ginger. NSAIDS, like ibuprofen or aleve, are permitted to be continued if they are necessary to treat a medical condition.
- If felt to be necessary, a pain medication may be called into your pharmacy. However, if you have a far distance to travel home to pick up this prescription, it is recommended that you bring over-the-counter pain relievers with you (Ibuprofen or Tylenol) just in case your operative site becomes painful on your way home or to your pharmacy.

If you have any questions or concerns, please do not hesitate to call our office before your planned procedure at (270) 444-8477.